You can help prevent the spread of COVID-19 by connecting with your VA care team virtually through My HealtheVet. **Sign up online for a My HealtheVet Premium account** to access tools that let you manage your VA care remotely.

**With a My HealtheVet Premium account, you can:**

- **Contact your VA care team** through Secure Messaging for nonurgent health questions and to reschedule appointments.
- **Manage your VA appointments** and join VA Video Connect appointments.
- **Order VA prescription refills** to get your medications delivered by mail and avoid trips to the pharmacy.

**You can get a My HealtheVet Premium account online for free with a secure sign-in partner.**

- **DS Logon** is the U.S. Department of Defense’s secure identification system. Create a DS Logon account at [myaccess.dmdc.osd.mil](http://myaccess.dmdc.osd.mil).
- **ID.me** is a trusted VA partner that provides secure identity verification online. Create an ID.me account at [id.me/registration/new](http://id.me/registration/new).

**Once you have a DS Logon Level 2 (Premium) or ID.me account, go to myhealth.va.gov to get your My HealtheVet Premium account.**

- If you don’t have a My HealtheVet account, select **Register** to create an account.
- If you have a My HealtheVet account, select **Sign in** and then select either **Sign in with DS Logon** or **Sign in with ID.me**.
- To upgrade to a Premium account, **follow these steps**.

Protect yourself from COVID-19 with the latest information and guidelines.

[cdc.gov/coronavirus](http://cdc.gov/coronavirus) | [va.gov/coronavirus](http://va.gov/coronavirus)